

# The earlier you call, the more we can help.



HOSPARUS  
HEALTH®



## HOSPICE CARE

At Hosparus Health, we help those with serious illnesses **get the most out of each day**. By calling sooner, many families and caregivers have shared those same feelings after they **experience the support and compassion** of Hospice Care available through Hosparus Health.

Each patient and family receives **care and counseling** from a **dedicated team of professionals** that includes your physician, Hosparus Health physician, registered nurse, social worker, certified nursing assistant, spiritual counselor and a volunteer. We focus on the patient's **quality of life and relationships** by managing pain and symptoms.

**Could you or your loved one benefit from Hospice Care? Answer these questions to find out.**

- Has the person been told by a doctor that life expectancy is limited?
- Have there been more visits to the emergency room or hospitalizations?
- Are there more frequent phone calls to his or her physician?
- Has the person lost weight?
- Is the person having difficulty managing pain?
- Is the person having breathing problems?
- Is the illness getting worse every time you see him or her?
- Does the person spend most of their time in bed each day?
- Does the person need help from others with bathing, dressing, eating and walking?
- Are you, the caregiver, experiencing anxiety or fear about not knowing what to do?

**If you checked any of the above questions**, someone you love may be eligible for Hospice Care.

At Hosparus Health we help people face end-of-life issues with as much care and thought as any other milestone in life so they can enjoy the **best quality of life possible**.

  
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**To find out if your loved one will  
benefit from Hospice Care,  
call 800-264-0521 today.**

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## PALLIATIVE CARE

At Hosparus Health, we know that **dealing with the symptoms of any serious illness is difficult**. Serious illnesses and their treatments can cause exhaustion, anxiety and depression. We understand that pain and other symptoms affect your quality of life and can leave you lacking the energy or motivation to pursue the things you enjoy.

That's why we offer special care to make you more comfortable and improve your quality of life right now. It's called Palliative (pal-lee-uh-tiv) Care. **Think of us as the care coordination team to help manage your chronic illness.**

**Palliative Care can be provided at the same time as all other treatments** and strives to provide you with:

- **Expert treatment of pain and other symptoms** so you can get the best relief possible
- Open discussion about treatment choices, including treatment for your disease and management of your symptoms
- Coordination of your care with all your health care providers
- Counseling and support for you and your family



Many adults and their caregivers living with illnesses such as cancer, heart disease, lung disease, multiple sclerosis and dementia experience physical symptoms and emotional distress related to their diseases. Sometimes these symptoms may be related to the medical treatments they are receiving. **It's never too early to start Palliative Care.**

### You may want to consider Palliative Care if you or your loved one:

- Does not qualify for hospice care
- Suffers from pain or other symptoms due to ANY serious illness that is not well-controlled
- Requires frequent emergency room visits or repeat hospitalizations
- Is getting sicker or weaker despite efforts to feel better
- Feels overwhelmed and uncertain about the future
- Needs help understanding your situation and coordinating your care

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